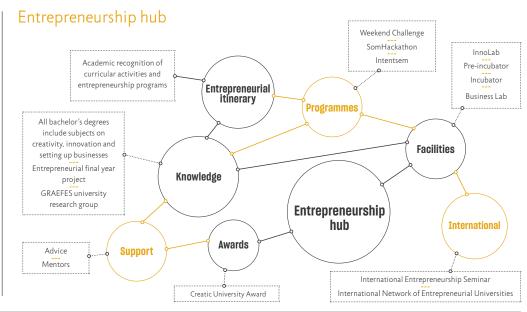


Three pillars of TecnoCampus

Professionalisation

Internationalisation

Entrepreneurship



#### **Technology**

Mechanical Engineering

Industrial and Automatic Electronic Engineering

Industrial Organization Engineering

Management and Information Systems Computer Engineering

\* Management and Information Systems Computer Engineering + Video Game Design and Production

# Cultural Industries

Audiovisual Media

Video Game Design and Production

#### **Business**

Business Administration and Innovation Management

Business Administration and Innovation Management (teaching in English)

Marketing and Digital Communities

Maritime Business and Logistics

- Business Administration and Innovation Management
- + Marketing and Digital Communities
- \* Tourism and Leisure
  Management + Business
  Administration and Innovation
  Management
- \* Tourism and Leisure Management + Marketing and Digital Communities

#### Health

Nursing

Physical Activity and Sport Sciences

Physiotherapy

Human Nutrition and Dietetics

Physiotherapy + Physical Activity and Sport Sciences





#### **Exchange student information**

#### Nomination Deadline

Autumn Term | Spring and Summer term

15th June 15th October

#### **Application Form**

- 1 To apply to join our University, you first have to sign into SIGMA (online registration platform): here
- With your Student NIA and password, you can fill out your Application Form via this link.
- 3 After these steps, please send the following documents to rrii@tecnocampus.cat:
  - A copy of your passport
  - A photograph
  - A copy of your medical insurance or a letter of commitment to get it
  - Your Learning Agreement
     (a document with the list of selected courses)
  - Complete academic record
  - Certificate of your level of English (recommended B2)

#### Application Form Deadline

Autumn Term | Spring and Summer term

30th June 30th October

#### Visa Requirements\*

Please enquire at your local Spanish embassy about applicable visa requirements.

#### Medical Insurance

The Spanish government and European Union have made it compulsory for all foreign students to have health insurance for the entire duration of their studies.

Students from EU partners have to present the European Health Insurance Card. It is essential that the Insurance Card is valid for the entire study period.

Students from Non-EU partners need to take out a health insurance policy that covers the entire study period.

More information on our website, or by e-mail at <a href="mailto:rrii@tecnocampus.cat">rrii@tecnocampus.cat</a>

#### **Academic Information**

#### Study System

#### Academic Calendar

Autumn term: September 25th – November 28th

Spring term: January 7th – March 13th Summer term: April 7th – June 12th

You can check the subjects for International Students depending on the studies here.

After signing into SIGMA students will be pre-enrolled for the selected courses. You will receive final confirmation of your registered courses at the orientation meeting scheduled before each term.

Students have the option to add/drop the selected courses during the two weeks after the Welcome Day.

#### Academic prerequisites

Students should be aware of the prerequisites for the selected courses. If the prerequisites for a course are not met, students will not be able to enrol on that course.

#### Class attendance

Students are expected to attend all lectures and seminars. For some courses, attendance is compulsory.

#### Buddy Program TecnoCampus

Taking part in TecnoCampus Buddy Program you will have the opportunity to get to know the Campus (facilities, student community), culture and local traditions by the hand of a local student. They can also assist you in your daily life, paperworks and guide you to arrange your stay even before your arrival to TecnoCampus. Buddy Program is a program which is offered from Tecnocampus Mataró to International students and local students at the same time. Don't miss the opportunity to meet other students who will help you to make your adaptation easier. The Buddy Program encourages the connection between international students that arrive to TecnoCampus and students or locals.

O

Join our instagram account: @buddyprogramtecnocampus







#### **Further Information**

#### Accommodation

TecnoCampus offers you different accommodation options depending on your needs. If you need accommodation during your studies at TecnoCampus, we recommend a range of shared accommodation options and flats to rent in Mataró and Barcelona:

#### MATARÓ

#### **BARCELONA**

#### Estimated cost of living

In general, students should have access to around  $\epsilon$ 900 per month to cover the cost of living.

#### Language requirements

For lectures taught in English: it is highly recommended at least B2 level according to the Common European Framework of Reference for Languages.

# 10 REASONS TO STUDY AT TECNOCAMPUS

1

Official degrees from the prestigious Pompeu Fabra University.

2

Market-oriented studies, with high graduate employment rates.

3

A unique model: university and companies sharing the same location.

4

Entrepreneurial DNA: support for students with business ideas.

5

Modern facilities with state-of-the-art equipment.

6

An unbeatable seafront setting with excellent transport connections.

7

Participatory, innovative and creative learning model.

Q

Constant personalized contact with teaching staff.

9

International relations: 119 agreements with universities around the world.

10

University life: sports, student associations, castellers(human-tower) team, etc.

#### Contact

TecnoCampus University Av. Ernest Lluch 32 08302 Mataró (Barcelona) Spain Phone: (+34) 93 169 65 01 Fax: (+34) 93 169 65 05

www.tecnocampus.cat

#### **ERASMUS CODE:**

E MATARO01

International Relations Manager

Yaiza Bueno

International Relations Specialists

Paula Secall and Ana Gallardo

rrii@tecnocampus.cat

#### **International Coordinators**

School of Engineering and Technology **Josep Roure** 

roure@tecnocampus.cat

School of Business and Social Science **José Ignacio Monreal** 

jimonreal@tecnocampus.cat

Department of Cultural Industries **Adso Fernández** 

afernandezb@tecnocampus.cat

School of Health Sciences

ggarreta@tecnocampus.cat

Gemma Garreta

# Student Guide 2025-2026 Welcome!





Affiliated center

# **L** TecnoCampus

Affiliated center





## **SUMMARY**

1/	Welcome to			Sports	16
	<u>TecnoCampus</u>	4		Colla Castellera	
	Campus Buildings	6		(Human towers)	17
				Cooperation	17
2/	International Office	8		TecnoCampus	
27	B. Carlotte			Advantages Club	17
3/	Registration	10		ESN (Erasmus	
	Registration at Mataró			Student Network)	17
	or Barcelona	10			
4/	Academic Calendar	12	6/	Your departure	18
7/	Academic Calemai	12		Documents	18
5/	Student services and life	13	7/		
	Meet your mobility		7/	Spain-Barcelona-Mataró	20
	coordinator	13		Mataró city	21
	Student Card	13		Barcelona city	21
	Communication			Transport	22
	and E-learning	13	8/	Lost in translation	24
	Wi-fi	13	0/	<u>Lost III translation</u>	- 47
	Register for the		9/	Important contacts	
	Spanish or Catalan			and information	26
	language course	15			
	Library	15	10/	<u>Notes</u>	27
	Accommodation	15			
		16			
	Join the Buddy Program!				
	Canteen and restaurant	16			
	Leisure and Sports	16			

# Welcome to TecnoCampus!







Thank you for choosing TecnoCampus to go on exchange.

TecnoCampus is a technology park and university run by the Mataró City Council. The Fundació TecnoCampus Mataró-Maresme is the organization in charge of the centre's governance and strategic development. The integration of a university campus associated with the Universitat Pompeu Fabra and a business park is the defining feature that sets TecnoCampus apart, with its firm commitment to entrepreneurship and quality tuition linked to the region's production sector. TecnoCampus mission is to become a regional support tool for the wealth and economic growth.

This handout aims to make your exchange experience easier and help you plan your successful exchange experience at TecnoCampus. Since the moment you start to prepare everything until you come back to your home university, these pages will provide you with an answer to your main concerns.

Welcome to what we trust will be an exciting time at our institution!

#### TCM<sub>1</sub> University Building



1 ENTRANCE

Classrooms 201-207 Teachers offices SQAI, Quality, Learning and Innovation Service Secretariats

Break Room

Classrooms 100-107 Mechanical and Electronic Engineering Labs Computer Labs SIT

Infrastructure

Reception Desk Student Information Desk Library CRAI Academic administration Classrooms 001-005



Classrooms 210-212 Classroom 213 (Sala de graus)

Classroom 110

Classroom 111 (BusinessLab 1 and 2)

Cafeteria Restaurant Audiovisual Equipment Canteen / Break Room

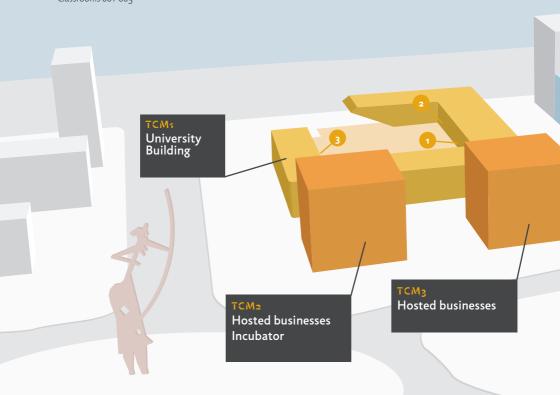
TV studio sets Semi-anechoic chamber Audiovisual equipment **SERMAT** 



Classrooms 201-207

Classrooms 100-109

Student Services





# TCM2 Building Conference Centre

#### Floors 2-6

Hosted businesses

#### Floor ·

Incubator and Pre-incubator

#### Ground floor

Business and Entrepreneurship Mataró Empresa Office Room Laia l'Arquera Room Burriac

#### Floor -

Auditorium Foyer

#### TCM3 Building

#### Plantes 1-6

Business Area

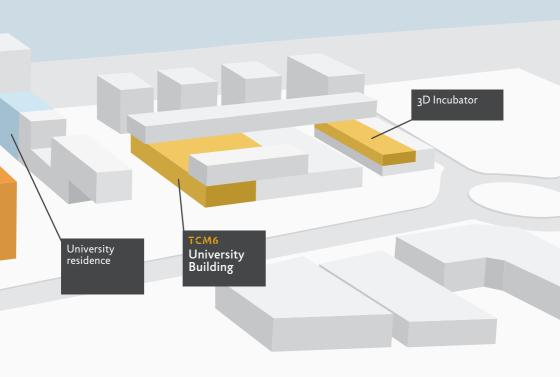
# TCM6 University Building

#### Floor

Teachers offices
Seminars 1, 2, 3 and 4
Fundació TecnoCampus
Mataró-Maresme Corporate services
Classrooms 611 to 616

#### Ground floor

Reception Desk
Classrooms 601 to 604
Gyms 1 to 4
Changing rooms
LARS Lab
Health Innovation
and Simulation Centre (CSIS)
Gastronomic Lab



# International Office

TecnoCampus collaborates with over 100 universities all over the world. At TecnoCampus we have a central International Office located at:

Av. Ernest Lluch, 32 (Building TCM 1, entrance 3) 08302, Mataró (BARCELONA)

Tel. +34 93 169 65 01 rrii@tecnocampus.cat

#### The International Office Team



Yaiza Bueno International Relations Manager



Paula Secall International Relations Specialist



Ana Gallardo International Relations Specialist

Healthcare Life in Barcelona and Mataró Travel Accommodation Student discounts Culture Leisure Cooperation Buddy program Sports

# Registration

Upon arrival, international exchange students are welcomed in the International office of during the Welcome day. Each incoming student is enrolled as a student in TecnoCampus and receives the credentials for the virtual campus by email.

# Registration in Mataró or Barcelona

Regardless of where you come from, you will have the option to register through our International Office. Please send us an email at <a href="mailto:rri@tecnocampus.cat">rri@tecnocampus.cat</a> and we will help you with that.

We recommend you to start before your arrival.

If you wish to do the registration by yourself you will find indications, depending on your nationality:

#### **European citizens**

All EU citizens residing in Spain for a period **exceeding 90 days**, must apply for registration in the Central Registry of Foreigners. This registration leads to a certificate of registration being issued and includes a **NIE number**.

You must apply for this document directly at the police station (it is required to arrange an appointment on the Sede electrónica website):

#### Mataró residents

At the Police Station located in Avinguda Gatassa, 15 (902 24 73 64).

#### Barcelona residents

At the Police Station located in Rambla Guipúscoa, 74.

If you do not fall into any of these categories, just go to the Spanish consular representation in your country to be informed about the legal requirements to entry and study in Barcelona. You can find all the up to date information on the website of the Ministry of Interior's website.

#### Students from outside the EU

Once in Barcelona, international students are encouraged to register their contact details to their Embassy or Consulate in Spain.

If you are a student from outside the European Union (EU), the EEA (Iceland, Liechtenstein and Norway) or Switzerland, in order to stay in Spain legally for more than 90 days, you need to obtain a student residence authorisation, which authorises you to remain in Spain for the duration of your course and if you wish, you will also be able to travel within the EU and the countries that have signed agreements with Spain or the EU for the free movement of people.



# Academic Calendar 2025-2026

#### First term

September – December

#### LESSONS

September 25th – November 28th

#### **EXAMS**

December 9th – December 19th

#### **RETAKES**

January 26th – 30th (depending on the degree)

#### HOLIDAYS

December 20th - January 6th

#### Second term

January - March

#### **LESSONS**

January 7th – March 13th

#### **EXAMS**

March 16th – March 27th

#### **RETAKES**

April 24th – 30th (depending on the degree)

#### **HOLIDAYS**

No holidays

#### Third term

April – June

#### LESSONS

April 7th - June 12th

#### **EXAMS**

June 15th – June 26th

#### **RETAKES**

July 13th - 14th

#### **HOLIDAYS**

March 30th – April 6th

\*The schedule will show the times a subject takes place in a week. As most of our subjects have between 4 and 6 ECTS, one subject can appear in more than two days per week (4 ECTS = 2 days per week/6 ECTS = 3 days per week)



#### ш

Once you arrive at
TecnoCampus you can modify
your Learning Agreement
during two weeks after the
Orientation Day.





# Student services and life

#### Meet your mobility coordinator

Department of Business and Social Science	<b>José Ignacio Monreal</b> jimonreal@tecnocampus.cat
Department of Engineering and Technology	Josep Roure roure@tecnocampus.cat
Department of Cultural Industries	Adso Fernández afernandezb@tecnocampus.cat
Department of Health Sciences	Gemma Garreta ggarreta@tecnocampus.cat

#### **Student Card**

TecnoCampus has launched a new app that will keep you informed about University life and student services such as:

- Digital student card
- eCampus calendar
- Schedules
- Campus news and events

Some days before starting lessons you will receive an email with the user name and password to get access to it (the same one used for <u>eCampus</u>).

You can download the app for free from:

- GooglePlay (for Android devices)
- Apple Store (for iPhone)

#### Communication and E-learning

Teachers and administrative staff will communicate through a TecnoCampus specific email and a virtual campus called eCampus.

You will receive an email with your account login and password required to check your email, tasks and subjects. All communication from teachers, administration... will be sent to your TecnoCampus email address. It is very important to check this email address at least twice a week!

You can check your email online at: mail.google.com

Another website that you have to use is ecampus.tecnocampus.cat. You can manage it with your TecnoCampus account. You need it to upload your homework, send emails to the teacher, and review the items of the subjects...

#### Wi-Fi

User: TCM Docencia Password: Rt56Ms87

To use wifi, you have to specify your user and password from the eCampus





# Register to the Spanish or Catalan language course

TecnoCampus offers a free **Spanish** course. The level will be adapted to you. The duration of the course is about 3 hours per week (30 hours per trimester). If you want more information about the schedule or registrations, please contact rrii@tecnocampus.cat

If you also want to learn **Catalan**, you can contact the *Centre de Normalització Lingüística del Maresme* (<a href="www.cpnl.cat/maresme">www.cpnl.cat/maresme</a>) at <a href="maresme@cpnl.cat">maresme@cpnl.cat</a>

#### Library

As a student here, our library will quickly become one of your regular ports of call. The main books and other reference materials you'll need for your course can be found at our campus library.

\*As a TecnoCampus student, you will be able to print freely using your credentials, which will be given to you as soon as you arrive.

#### Accommodation

#### **Atenea Living**

Atenea Living is located next to the University Campus, within 2 minutes walk, and in front of the sea. It has a total of 86 beds and students can apply for one if their stay is going to be of 10 months or less.

The residence is fully equipped. On the ground floor there is the cafeteria with kitchen service and outdoor terrace, the laundry room and the personal area. On the first floor there is a multipurpose room, study rooms, coffee corner, dining room and games area. On the next floors are the bedrooms composed by 40 individual bedrooms, 20 double bedrooms and 2 triple bedrooms. On the rooftop there is the terrace with solarium and the swimming pool.

Monthly prices range from 620€ to 1,040€.

More information on www.atenealiving.com

#### Alternative options

Here you can find other resources where you can find accommodation (TecnoCampus has no relation with owners or agents):

BADI. An app to find room and flatmates according to age, tastes and hobbies.

Facebook. Join "Allotjament TecnoCampus" to find offers of flats.

**Uniplaces.** Innovative service for students that makes the booking process easier.

#### Join the Buddy Program!



Buddy Program is a student's commission whose aim is to enhance student's participation for the integration and

adaptation of the incoming students who arrive at TecnoCampus through a mobility programme. In that way, locals and international students get together to take a cultural and a linguistic exchange through the organisation of playful, sporty and gastronomic activities. We believe that the Buddy Program is such a positive tool to grow any student's academic and personal experience.

Before the beginning of the course, each local member is assigned to an international student depending on their studies, hobbies or languages. Once the couples are set up, they will be able to contact each other so the incoming student can receive his Buddy's help.

Don't miss the opportunity to meet other students who will help you to make your adaptation easier. Thus, if you would like to join the program, you will receive an email from the International Relations office about how to register shortly before starting your mobility's program.

#### Canteen and restaurant

At the Campus you can also enjoy a snack during class breaks at the canteen. There is as well a cheap and delicious menu downstairs at the restaurant only for 7.20€, which will be composed by first and second dish, a dessert, a drink and a piece of bread.

You can chose between having lunch indoors or outdoors at the terrace while enjoying the sun and warm weather.

#### Leisure and Sports

All extra-academic activities (leisure, culture, sports...) at TecnoCampus are offered and organized by University Life. We want to promote the cultural activities for our students: creating group activities, associations and organizing cultural and sport activities at the University.

#### **Sports**

TecnoCampus and the Sports Department of Mataró City Council have developed the TecnoCampus Sports Club, to promote, based on the agreement with different sports centers in the city, sports, health and leisure activities for the TecnoCampus student community, with the aim of improving health, interpersonal relationships and the quality of life.

Promoted activities will be published on our website and will be exclusive to club members. Take a look at the benefits and discounts we offer and become a member of the club!

More information at <a href="https://www.tecnocampus.cat/en/club-esportiu">www.tecnocampus.cat/en/club-esportiu</a>





# Colla Castellera (Human towers)

The Passerells of TecnoCampus is the university castle group of TecnoCampus of Mataró, founded in 2011 and a member of the Coordinator of Castle Groups of Catalonia. This is a deeply rooted Catalan tradition which will allow you to know more about Catalan culture and people. Join them!

# Other leisure activities and groups:

#### **Oratory workshop**

If you enjoy debating current affairs with friends, public speaking, practicing and improving your public speaking skills and looking for the strengths and weaknesses of a speech... This is the activity for you!

#### Theater classroom

The aim is to discover the world of theater to learn body language as a source of movement and communication.

## Utopias-Dystopias Workshop: Let's be realistic, let's dream the impossible

Do you like cinema and want to share ideas with other people? Participate in the Cinefòrum and encourages critical dialogue on current issues, from gender equality, sustainability, to issues of identity and diversity

#### The "Maria Canals porta cua" experience

The Maria Canals Porta cua returns to the Tecnocampus, get ready to play!

If you are interested in participating in any of these activities, creating another group, joining the sports season ticket or just want to get more information, contact us at: <a href="mailto:vidauniversitaria@tecnocampus.cat">vidauniversitaria@tecnocampus.cat</a>

#### Cooperation

If you want to carry out cooperating and volunteer tasks while at TecnoCampus, you can do it through a number of NGO's and cooperation institutions with whom we have an agreement. You just have to contact vidauniversitaria@tecnocampus.cat.

Also, you can be part of our new Language Volunteering program in couples. If you want to learn Catalan, you will find a partner with whom you can practice in a fun and natural way. If you already master the language, become a reference for learners and help them gain confidence in speaking. If you need more information, you can us an email at vidauniversitaria@tecnocampus.cat.

#### TecnoCampus Advantages Club

TecnoCampus Advantages Club is an employee and students discount program that gives you the chance to save money on many day-to-day goods and services that you may already be purchasing. If you are about to make a purchase-large or small-Tecno-Campus Advantages is a great place to start hunting for a bargain before you buy. colectivosvip.com/tecnocampus

#### ESN (Erasmus Student Network)

ESN Barcelona UPF is a non-lucrative students association based on the principles of ESN: apolitical, non-denominational, open and tolerant. They organize social and cultural integration activities and also have a Mentor Programme, in which they assign a local student to one or more exchange students who have asked for participating in the program, with the aim of making exchange students' integration easier at TecnoCampus.

For more information, check their website <a href="http://esnupf.org/">http://esnupf.org/</a>

or contact them at esn@upf.org



# Your departure

#### **Documents**

As an exchange student, make sure you have all the necessary documents for your home institution to have your exchange programme recognized.

A transcript of records will be sent to your home university after the end of your exams at TecnoCampus. It will contain a record of the subjects you have taken and it will be sent together with the certificate of the Spanish language course you have attended, if that was the case. You also must come to the International Office to collect your Certificate of attendance.

# The best way to predict the future is to create it

Abraham Lincoln

Spain Catalonia Barcelona Mataró







#### Mataró city

Mataró is the capital and largest town of the Maresme region with a population of over 120.000. It is located on the coast, between Cabrera de Mar and Sant Andreu de Llavaneres, about 30 kilometres north-east from Barcelona.

The town's main feature is its large port, which is one of the most important on the Maresme coast, and it also has a number of large city beaches.

The coastal N-II highway follows the same path as the original Roman road and nearby are the archaeological remains of the Roman villa of Can Llauder.

Mataró is famous for so many activities you can join. The main points to meet with friends are: the beach, the mall, or the main city centre street called La Riera, where you can find lots of shops, cafes and many restaurants. Of all the things to do, the thing you cannot miss is the nightlife. Mataró has a party area near TecnoCampus where you can go out to clubs like Cocoa, Miracle, Classic or Clap.

#### Barcelona city

Barcelona is the capital of Catalonia with a population of 1.6 million inhabitants (3.2 million inhabitants adding the metropolitan area). Its excellent location on the shores of

the Mediterranean, its gentle climate and its open cosmopolitan character make the Catalan capital an extraordinary place to live.

It is currently recognized as a global city due to its importance in the spheres of culture, finance, business and tourism. Its port is one of the foremost in the Mediterranean and the city is a transport hub between Spain and France.

Harmoniously integrating tradition and modernity, Barcelona combines the architectural evidence of its Roman and Medieval past with both Modernism (Catalan Art Nouveau) –with Gaudí as the leading exponent of this architectural style– and gems of contemporary architecture such as the Agbar Tower. Its gradual evolution has made it a focal point for architecture lovers.

Barcelona, the Southern Gate to Europe, hosts one of the largest university communities in Europe, made up of 200.000 students and more than 15.000 professors in seven universities offering a wide range of undergraduate and postgraduate programmes.

Its potential has made it a magnet for new trends from around the world. Design, music, fashion, art and cinema professionals are part and parcel of this dynamic city. A broad offer in culture, sports, and leisure and nature activities rounds out the spectrum of opportunities. A perfect place to combine quality academic activity with a good social life.

#### **Transport**

TecnoCampus is located in the city of Mataró, only 30 minutes away from Barcelona Centre.

#### From Barcelona to Tecnocampus

#### By train

Take the <u>train line R1 or RG1</u>
 (stations in Barcelona: Sants-Estació,
 Plaça de Catalunya, Arc de Triomf, E
 I Clot-Aragó) to Mataró station.

Some trains terminate at Mataró train station and others at *Blanes, Maçanet-Massanes, Calella* or *Arenys de Mar* – but all of them stop at Mataró.

You can check the schedules at www.renfe.es

#### By bus

- You can take the "Casas" bus number E11.1 in Barcelona (it stops in Ronda Universitat, 21 or Plaça de Tetuan):
- <u>E11.1 Barcelona Mataró (centre)</u> E11.2 – Barcelona - Mataró (Nord)

You also have night buses:

- N8o (Barcelona Mataró)
- N82 (Barcelona Mataró Pineda)

#### By car

- From Barcelona, head North on the C-32 Motorway towards Mataró/Girona
- 2 Leave the motorway at the exit "Mataro Sud" (about 25 minutes from Barcelona)
- You will come to a large roundabout with a huge metal sculpture, take the 2nd exit
- 4 TecnoCampus will be just in your right



#### TIP

We suggest you to buy a multijourney ticket for 10 trips (T-Casual 3 zones), valid for train and buses to Mataró, and train, buses, tram and metro in Barcelona. You can buy this card in the metro, railway stations and newsagents. You can find all the type of tickets here:



#### Public Transport in Mataró

Taxi Services

+93 798 60 60 and +93 799 14 14

#### Mataró Bus Lines:

#### http://www.matarobus.cat

- L1. Estació Renfe Hospital de Mataró
- L2. Estació Renfe Hospital de Mataró
- L3. Camí de la Serra Vista Alegre Rocafonda
- L4. Cirera Molins
- L<sub>5</sub>. Estació Renfe Hospital de Mataró
- L6. I. Català Salut Carretera de Mata
- L7. Plaça Tereses Cerdanyola
- L8. La Rambla Galícia

#### Train Station (RENFE)

Pl. Miquel Biada, s/n.

+34 90 224 02 02

www.renfe.es

#### **Airports**

For information about Spanish airports, visit www.aena.es

Barcelona airport

+34 93 815 99 49

Girona airport

+34 97 247 42 40



# Lost in translation

#### **ENG**

Hello

N L

140

Thank you

Please

Good morning

Good afternoon

Good night

Good bye

How are you?

I don't speak Spanish

What's your name?

My name is...

How old are you?

Where are you from?

Nice to meet you

Have a nice day

rdon t understand How much

uoes mai cost!

You are welcome

I am hungry

Breakfast

Lunch, meal and food

Snack

Dinner

Today

Tomorrow

#### **ESP**

Hola

21

No

Gracias

Por favor

Buenos días

Buenas tardes

Buenas noches

Adiós

¿Cómo estás?

No hablo españo

¿Cómo te llamas?

Mi nombre es...

¿Cuántos años tienes?

¿De dónde eres?

Encantado/a

Ten un huen día

No entiendo

¿Cuánto cuesta?

De nada

Tengo hambre

Desayun

Comida

Cena

Hoy

Mañana

#### CAT

Hola

<u>ا</u>د

Gràcies

Oracics

Ron dia

Bona tard

Bona nit

Adéu

Com estàs

No parlo espanyol

Com et dius?

El meu nom és..

Quants anys tens?

D'on ets?

Encantat/da

Tingues un hon dia

No ho entenc

Quant costa?

De res

Tinc gan

Àpat

Rorona

Sopar

Avui

Demà





ENG	ESP	CAT
Yesterday	Ayer	Ahir
Now	Ahora	Ara
Before	Antes	Abans
Later	Después	Després
Morning	Mañana	Matí
Afternoon and evening	Tarde	Tarda
Night	Noche	Nit
O'clock	En punto	En punt
Week	Semana	Setmana
Last week	Semana pasada	Setmana passada
Next week	Próxima semana	Setmana que ve
Monday	Lunes	Dilluns
Tuesday	Martes	Dimarts
Wednesday	Miércoles	Dimecres
Thursday	Jueves	Dijous
Friday	Viernes	Divendres
Saturday	Sábado	Dissabte
Sunday	Domingo	Diumenge
Cold/Warm	Frío/Calor	Fred/Calor
Easy/Difficult	Fácil/Difícil	Fàcil/Difícil
Heavy/Light	Pesado/Ligero	Pesat/Lleuger
Long/Short	Largo/Corto	Llarg/Curt
Less/More	Menos/Más	Menys/Més
Pretty/Ugly	Bonito/Feo	Bonic/Lleig
Price/Money	Precio/Dinero	Preu/Diners
Good/Bad	Bueno/Malo	Bo/Dolent
Big/Small	Grande/Pequeño	Gran/Petit
Sweet/Salty	Dulce/Salado	Dolç/Salat
Left/Right	Izquierda/Derecha	Esquerra/Dreta

# Important contacts and information

#### **Emergencies**

Should you ever have a medical emergency, dial o61 or go to the emergency service (urgencias) of the nearest hospital. Otherwise, in case of general emergency, dial 112.

## Red Cross Ambulance – Emergencies

C./ Energia, 11 08303 Mataró Tel.**+34 93 757 93 93** 

904 100 318

#### City police – Emergencies 092

Plaça de Granollers, 11 08302 Mataró Tel. **+34 937 58 23 33** 

#### Mataró Hospital

C./ Cirera, s/n 08304 Mataró Tel.**+34 93 741 77 00** 

#### Police – Mossos d'Esquadra

Avinguda de Lluís Companys, 87 08302 Mataró Tel.+34 937 41 81 00

#### 24 hour chemist

Farmàcia Colldeforn Rda. O'Donell, 13 Tel.**+34 93 757 92 93** - **93 757 31 71** 

#### Mataró City Hall

La Riera, 48 08301 Mataró Tel. **+34 93 758 21 00** www.mataro.org

# Fire Department – Emergencies 085

C./ Passeig Ramón Berenguer, s/n o8303 Mataró Tel. +34 93 796 10 80

# Mataró Tourist Office

La Riera, 48. 08301 Mataró Tel. **+34 937 582 698** Fax: +34 937 582 136 turisme@ajmataro.cat

- Opening Hours: Monday, Thursday, Friday and Saturday from 10.00 to 13.00 and 17.00 to 19.00.
- Sunday and bank holidays from 10.00 to 13.00.
- Tuesday and Wednesday closed.
- July and August, Monday to Sunday from 10.00 to 13.00 and 17.00 to 19.00.



# Notes

- www.facebook.com/tecnocampus
- www.youtube.com/tecnocampus
- @ aviueltecnocampus
- TecnoCampus





#### **COURSE CALENDAR**

#### TECNOCAMPUS UNIVERSITY CENTER

#### **ACADEMIC YEAR 2025-2026**

Approved on January 14<sup>th</sup>, 2025. Modifications approved on February 25<sup>th</sup>, 2025.



# TecnoCampus

#### **ACADEMIC CALENDAR FOR THE 2025-26 ACADEMIC YEAR**

For the purposes of academic procedures that require it, the current academic year is not considered to be finished until the following one begins.

#### 1st Term

School days: September 25<sup>th</sup> - November 28<sup>th</sup>

For 1<sup>st</sup> year students:

- Welcome week: from September 17<sup>th</sup> to September 23<sup>rd</sup>
- Workshops and levelling courses for all the degrees: September

#### **Exceptions:**

- Degree in Physiotherapy: 4th-year students lessons (from November 17th to December 19th) along with the Physiotherapy Practicums (see Practicum periods at the end of the document).
- Double degree in Physiotherapy and Physical Activity and Sport Sciences:
  - 3<sup>rd</sup> year: Practicum I from September 15<sup>th</sup> to October 17<sup>th</sup>. Students will take intensive lessons for 7 weeks from October 20th to December 5th.
  - 4<sup>th</sup> year: Practicum II from September 3rd to November 7<sup>th</sup>. Students will take intensive lessons for 4 weeks from November 10<sup>th</sup> to December 5<sup>th</sup>.
  - 5<sup>th</sup> year: Students will take intensive lessons for 5 weeks from September 22<sup>nd</sup> to October 24<sup>th</sup>. Then, CAFE Practicum from October 27<sup>th</sup> to December 19<sup>th</sup>.
- Degree in Nursing: 3<sup>rd</sup> and 4<sup>th</sup> year students have classes according to the Practicum periods (see the last section of the document).
- Final exams period: December 9<sup>th</sup> December 19<sup>th</sup> Except for the exams of the Degree in Physiotherapy. Intensive lessons and Practicum simultaneously. Except for the exams of the Double degree in Physiotherapy and Physical Activity and Sport Sciences. Intensive lessons and Practicum simultaneously.
- Submission of grades (faculty): January 15<sup>th</sup>
- Closing of student transcript processing (academic management): January 16th
- Retake exams period:
  - for degrees in the Departments of Business, Cultural Industries and Technology: January 29th and January 30<sup>th</sup> - there are no classes in the 2<sup>nd</sup> term.
  - for the degrees in the Department of Health: from January 26<sup>th</sup> to January 30<sup>th</sup> there are classes as usual for the 2<sup>nd</sup> term.
- Submission of grades (faculty): February 10<sup>th</sup>
- Closing of student transcript processing (academic management): February 11th
- Holidays: December 20th January 6th



#### 2nd Term

• School days: January 7<sup>th</sup> – March 13<sup>th</sup>

#### **Exceptions:**

- Degree in Physiotherapy: **3**<sup>rd</sup> **year** students intensive lessons (from January 7th to February 3rd), and **4**<sup>th</sup> **year** students intensive elective lessons (from March 2<sup>nd</sup> to March 27<sup>th</sup>) along with the Physiotherapy Practicum (see Practicum periods at the end of the document).
- Double degree in Physiotherapy and Physical Activity and Sport Sciences:
  - 5<sup>th</sup> year: Practicum IV from January 7<sup>th</sup> to March 27<sup>th</sup> (except the first 5 Fridays). Intensive lessons on Fridays April 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, and 30<sup>th</sup> and February 6<sup>th</sup>.
- Degree in Nursing: 3<sup>rd</sup> and 4<sup>th</sup> year students have classes according to the Practicum periods (see the last section of the document).
- Final exams period: March 16<sup>th</sup> March 27<sup>th</sup>

Except for exams for the Degree in Physiotherapy. Intensive lessons and Practicum simultaneously. Except for exams for the Double degree in Physiotherapy and Physical Activity and Sport Sciences. Intensive lessons and Practicum simultaneously.

- Submission of grades (faculty): April 16<sup>th</sup>
- Closing of student transcript processing (academic management): April 17<sup>th</sup>
- Retake exams period:
  - for degrees in the Departments of Business, Cultural Industries and Technology: April 29<sup>th</sup> and April 30<sup>th</sup> no classes in the 3<sup>rd</sup> Term
  - for the degrees in the Department of Health: from April 24<sup>th</sup> to April 30<sup>th</sup>- there are classes as usual for the 3<sup>rd</sup> Term.
- Submission of grades (faculty): May 12<sup>th</sup>
- Closing of student transcript processing (academic management): May 13<sup>th</sup>

#### **3rd Term**

School days: from April 7<sup>th</sup> to June 12<sup>th</sup>

#### **Exceptions:**

- Degree in Physiotherapy: **2**<sup>nd</sup> **year** students intensive lessons (from April 7<sup>th</sup> to May 29<sup>th</sup>), and **3rd year** students intensive lessons (from May 7<sup>th</sup> to May 4<sup>th</sup>) along with the Physiotherapy Practicum (see Practicum periods at the end of the document).
- Double degree in Physiotherapy and Physical Activity and Sport Sciences:
  - 4<sup>th</sup> year: Students will take intensive lessons for 4 weeks from April 7<sup>th</sup> to May 5<sup>th</sup>. Then Practicum III from May 6th to June 26<sup>th</sup>.
  - 5<sup>th</sup> year: Practicum V from April 7<sup>th</sup> to June 12<sup>th</sup>.
- Degree in Nursing: **3**<sup>rd</sup> and **4**<sup>th</sup> **year** students have classes according to the Practicum periods (see the last section of the document).
- Holidays: March 30<sup>th</sup> April 6<sup>th</sup>
- **Final exams period:** June 15<sup>th</sup> June 26<sup>th</sup>

Except for exams for the Degree in Physiotherapy. Intensive lessons and Practicum simultaneously. Except for exams for the Double degree in Physiotherapy and Physical Activity and Sport Sciences. Intensive lessons and Practicum simultaneously.

- Submission of grades (faculty): July 7th
- Closing of student transcript (academic management)): July 8<sup>th</sup>

Note: The closing of the student transcript for **4**<sup>th</sup> **year** students of the Nursing and Physiotherapy degrees and **5**<sup>th</sup> **year** students of the Double degree in Physiotherapy and Physical Activity and Sports Sciences take place before the end of June.





- Retake exams period: on July 13<sup>th</sup> and July 14<sup>th</sup> for all the degrees
   Open language classroom retakes: July 15<sup>th</sup>
- Submission of grades (faculty): July 22<sup>nd</sup>
- Closing of student transcript (academic management): July 23<sup>rd</sup>

#### **Graduation ceremonies**

- July 10<sup>th</sup> Masters
- July 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> Degrees

#### \* Periods of the Practicum of the Degree in Physiotherapy

Practicum	Credits	Course	Term	Start Date	End Date
23233 Practicum I	4 ECTS	2nd	3rd	01/06/2026	30/06/2026
23320 Practicum II	10 ECTS	3rd	2nd	04/02/2026	27/03/2026
23330 Practicum III	8 ECTS	3rd	3rd	05/05/2026	03/07/2026
23420 Practicum IV	10 ECTS	4th	1st	15/09/2025	14/11/2025
23430 Practicum V	8 ECTS	4th	2nd	07/01/2026	27/02/2026

#### \* Practicum Periods of the Double Degree in Physiotherapy and Physical Activity and Sport Sciences (CAFE)

Practicum in physiotherapy	Credits	Course	Term	Start Date	End Date
421300 Practicum I	4 ECTS	3rd	1st	15/09/2025	17/10/2025
22410 Practicum II	10 ECTS	4th	1st	15/09/2025	07/11/2025
22430 Practicum III	8 ECTS	4th	3rd	06/05/2026	26/06/2026
22052 Practicum IV	10 ECTS	5th	2nd	07/01/2026*	27/03/2026*
22530 Practicum V	8 ECTS	5th	3rd	07/04/2026	12/06/2026

<sup>\*</sup>The first 5 Fridays (April 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, and 30<sup>th</sup> and February 6<sup>th</sup>) there won't be Practicum due to the intensive lessons period.

Practicum in Physical Activity and Sport Sciences	Credits	Course	Term	Suggested Start Date	Suggested End Date
22530 CAFE Practicum	14 ECTS	5th	Annual	27/10/2025	19/12/2025

#### \* Periods of the Nursing Degree Practicum:

Practicum	Code	Start date	End date
Integrated Nursing III	28131	25/05/2026	12/06/2026
Introductory Practicum I	28235	10/11/2025	28/11/2025
Introductory Practicum II	28226	23/02/2026	13/03/2026
Introductory Practicum III	28238	25/05/2026	12/06/2026
Clinical Practicum I	28311	15/09/2025	17/10/2025
Clinical Practicum II	28324	07/01/2026	30/01/2026
Clinical Practicum III	28339	07/04/2026	30/04/2026
P. Advanced I	28410	15/09/2025	19/12/2025
P. Advanced II	28420	07/01/2026	25/03/2026
P. Advanced III	28430	07/04/2026	23/06/2026





#### **HOLIDAYS**

September  $11^{th}$  December  $6^{th}$  May  $1^{st}$  October  $12^{th}$  December  $8^{th}$  May  $25^{th}$  November  $1^{st}$  April  $23^{rd}$  June  $24^{th}$ 

#### **NON-SCHOOL DAYS**

From September 1<sup>st</sup> to 24<sup>th</sup>
From December 1<sup>st</sup> to 5<sup>th</sup>
June 29<sup>th</sup> and 30<sup>th</sup>
From July 1<sup>st</sup> to 31<sup>st</sup> (except for the retake exams days of the 3<sup>rd</sup> Term)

#### **CLASS DAYS**

1<sup>st</sup> Term: 47
 2<sup>nd</sup> Term: 48
 3<sup>rd</sup> Term: 46

**Total: 141** 

#### **NUMBER OF SCHOOL DAYS PER QUARTER**

When calculating days, retake exams days are counted as school days.

#### **First Term**

Monday: 9Tuesday: 9Wednesday: 9Thursday: 10Friday: 10Total: 47

#### **Second Term**

Monday: 9Tuesday: 9Wednesday: 10Thursday: 10Friday: 10Total: 48

#### **Third Term**

Monday: 8Tuesday: 10Wednesday: 10Thursday: 9Friday: 9Total: 46